## IN THE SPECIFICATION

Please amend paragraph 0018 at page 5 as follows:

--The wrist rest is sized to provide ergonomic support for the user's wrists.

Preferably, The wrist rest has a length of approximately 7 to 10 inches, and preferably, the overall length of the wrist rest is approximately 9 or 10 inches, with cushion 15 being approximately 4 to 5 inches in length. Additionally, the wrist rest has a width of approximately 2 to 5 inches, and preferably, the overall width of the wrist rest is preferably around 3.5 to 4 inches wide, with cushion 15 being around 3 inches wide and approximately 1.5 inches high to provide adequate support to the wrist.--